



Cupping Diploma – 1 Day Course

This course is designed to provide you with the skills and knowledge needed to safely and effectively perform both fire cupping and suction cupping with a pump.

You'll cover all essential aspects, including health and safety, client consultation, contraindications, and therapist posture, ensuring you work safely and professionally while maximising the benefits of cupping therapy for your clients.

The training includes hands-on practice in traditional fire cupping and modern suction cupping, teaching you how to apply, move, and remove cups effectively. You'll learn how to use cupping for muscle tension relief, improved circulation, detoxification, and overall relaxation as well as how to adapt techniques to suit different client needs.

In addition, you'll gain knowledge on aftercare advice, helping clients maintain the benefits of their treatment and avoid potential side effects.

By the end of this course you'll be confident in delivering a professional cupping treatment making this an excellent addition to your skill set whether you're expanding your existing practice or exploring new therapeutic technique

PLEASE NOTE: MASSAGE QUALIFICATION, MASSAGE EXPERIENCE AND ANATOMY AND PHYSIOLOGY (A&P) IS A PREREQUISITE FOR THIS COURSE. WE CAN PROVIDE THIS TRAINING AT AN ADDITIONAL COST.

A model will be provided for you on the day, you may need to complete case studies and a question paper before your electronic certificate is issued.

PLEASE CONTACT US FOR MORE INFORMATION OR TO BOOK YOUR COURSE.

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THIS COURSE IS FULLY ACCREDITED WITH ABT

